



Richardson Recreation & Wellness Centre

Swan Valley Credit Union Aquatic Centre



NEW!

Low and High Intensity Aquasize

NEW!

February 26 & March 5, 12, 19, 26

Low Intensity Classes: 6pm-7pm

High Intensity Classes: 7pm-8pm



Cost: Regular drop in fee

If you have any questions or for more information call 204-734-4119 or inquire at the Front Desk at the SVCU Aquatic Centre!