



## Power Outages

### Get a Kit

In an emergency you will need some basic supplies. You may need to get by without power or tap water. Be prepared to be self-sufficient for at least 72 hours.

Make sure your kit is easy to carry and everyone in the household knows where it is.

- Visit [GetPrepared.ca](http://www.getprepared.ca) to complete an emergency plan online.
- <http://www.getprepared.gc.ca/serv/plan/mrgnc-pln-eng.aspx>
- Then, fill in key information in this booklet and print for quick access.

### Emergency Kit List

- Water – at least 2 liters per person per day
- Food that won't spoil: canned, energy bars, dried foods
- Manual can opener
- Crank or battery-powered flashlight (and extra batteries)
- Crank or battery-powered radio (and extra batteries)
- First aid kit
- Extra keys (vehicle and home)
- Cash in smaller bills, and change
- A copy of your emergency plan and contact information
- Special items such as prescription medication

### Power Outages

- Check if the power outage is limited to your home. If your neighbours have power, check your circuit breakers.
- If your neighbours' power is also out, contact your electrical supply company. MB Hydro: Outside Winnipeg 1-888-624-9376 your account number is on your bill
- Turn off all tools, appliances, electronics, and all but one light inside and outside.
- Use your thermostat to turn off heating or air conditioning.
- Avoid opening your freezer or fridge.
- Do not use barbeques, camping heating equipment, or home generators indoors. They can produce dangerous levels of carbon monoxide.
- Monitor a crank or battery-powered radio and online for weather warnings and instructions from authorities.
- If possible, use a battery or crank powered light source. If you must use candles, use proper candle holders. Never leave lit candles unattended. Always extinguish candles before going to bed.

#### When the power returns:

- In cold weather, turn heating back on first, then wait 10 minutes before reconnecting everything else.
- Check food supplies. If a freezer door has been kept closed, food should stay frozen for 24-36 hours. Food contaminated with bacteria does not necessarily smell or look spoiled. When in doubt, throw it